

HOCKEY

The National Game of India



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INTRODUCTION

- Field Hockey is a stick and ball game that dates back to the 19th century. It is traditionally played on grass, but more often these days - especially at the higher levels and in certain countries - hockey is played on artificial (fake) grass.



RULES



Here are the main rules in hockey:

You will be penalized if:

- Your foot touches the ball at any time
- You less than 5 metres away when the opponent is taking a penalty
- If there's a two on one tackle
- If you lift the ball to high
- If there are more than eleven players on the field
- The ball touches the curved side of the stick



RULES- SHORT CORNERS

- A short corner is when the ball touches someone on the other teams foot in your circle.
- When that happens your team sets up like this:
- And someone on your team pushes up to the people on the circle from the back line.



RULES-LONG CORNERS

- Long corners are similar to short corners but it happens when the ball is hit out over the back line by the defender or goalie.
- When a long corner is awarded it is taken on the sideline where there will be a white dot (line).
- Where it is taken from:



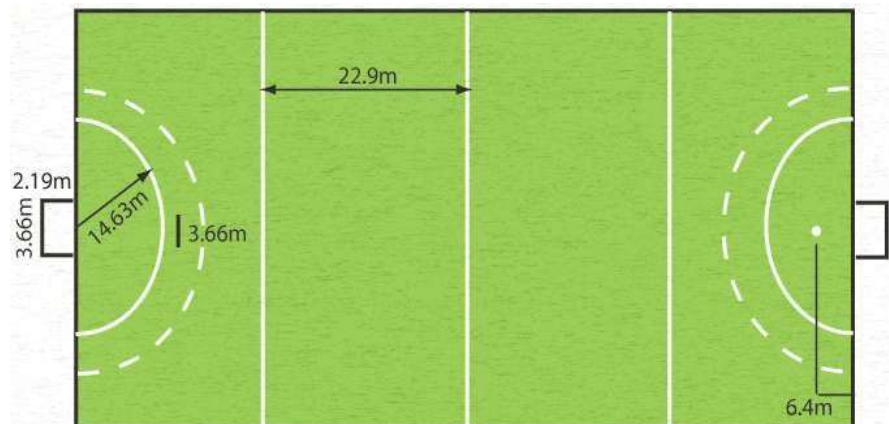
RULES-PENALTY STROKE

- A penalty stroke is awarded to the attacking team when they have been purposely fouled in the circle. The ball is placed 7m away from goal on a marked penalty spot, and a player attempts to score against the goalkeeper. The attacking player is allowed only one stroke.



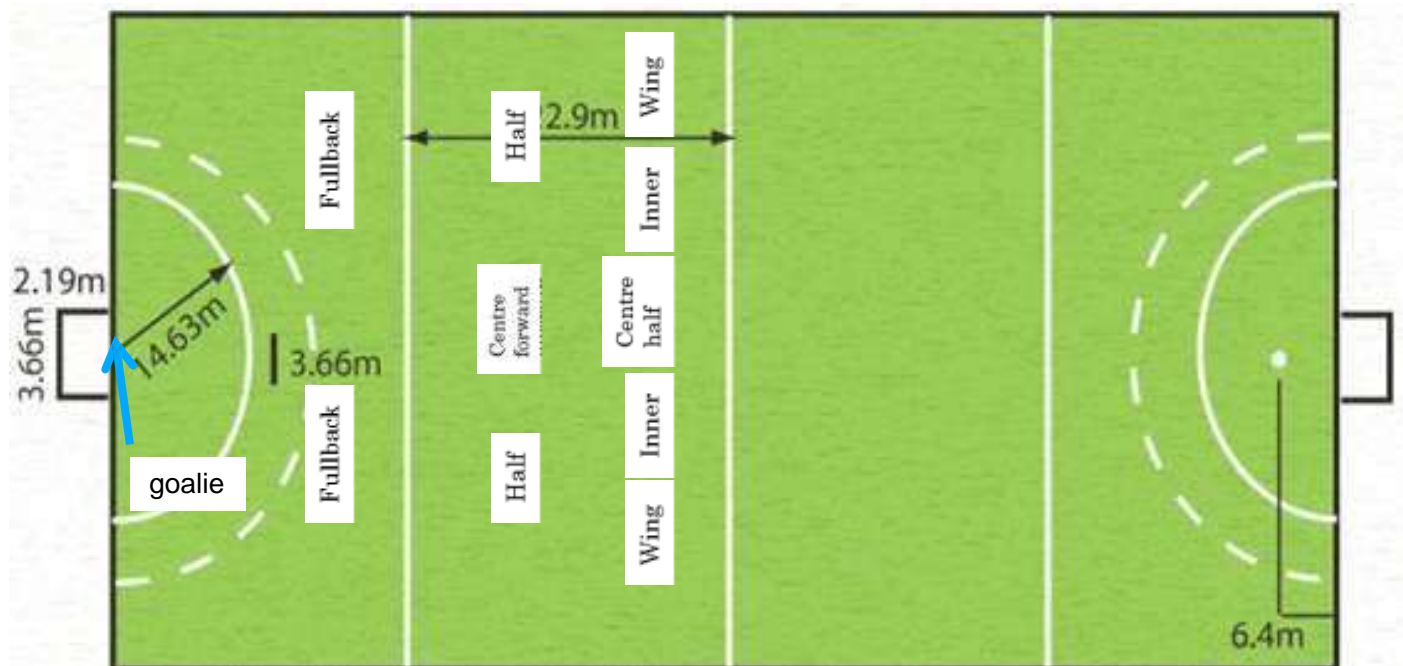
POSITIONS

- On a hockey field there are 11 positions. There is the goalie, 2 fullbacks, 2 half backs (half's), 2 inner's, 2 wings, a centre half and a centre forward.
- The goalie, fullbacks, half's and centre half are the defence. They stay back to keep the other team away from the goal although, a lot of the time the centre half goes up to help score goals.



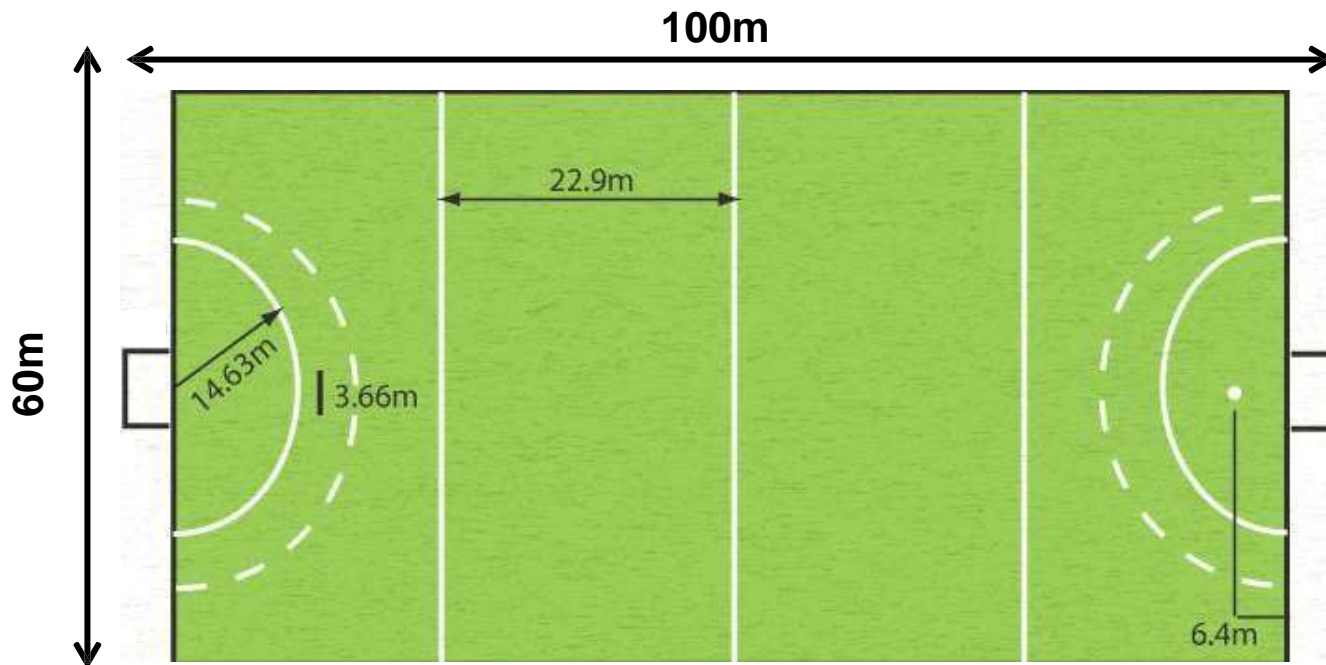
POSITIONS

- The inners, wings and the centre forward are the attackers. They go and “attack” the other teams defence to try to get a goal.
- There can only be 14 people on each team.
- Here are where the positions go:



FIELD

- The average hockey field is around 100 metres long and 60 metres wide. The quarters are around 23 metres wide and from the goal to the edge of the circle it is around 15 metres. And most of the time when you warm up before the game your told to go for a few laps around the field.



HISTORY

- Hockey is said to be the oldest team sport in history. The games roots can date back to 4000 years ago.
- In 1850 hockey became a popular sport in schools.
- When it was first played a cube was used instead of a ball.



HISTORY

- The first record of Field hockey was played over 4,000 years ago in Egypt.
- The style of play most similar to today's field hockey began in England in 1849. the first organized men's team was called „Blackheath“. Men started playing Olympic field hockey in 1908 while the women did not play on the Olympic level until 1980.



The Indian team at the 1936 Olympics














Germany and Scotland at the 1908 London Olympics



HOCKEY WORLD CUP



Year of Tournament [1]	Played	Won	Draw	Lost	Position
 1971	6	5	0	1	3rd [2]
 1973	7	4	2	1	Runners-up [3]
 1975	7	5	1	1	Champions [4]
 1978	8	4	1	3	<i>6th place</i> [5]
 1982	7	5	0	2	<i>5th place</i> [6]
 1986	7	1	1	5	<i>12th place</i> [7]
 1990	7	1	1	5	<i>10th place</i> [8]
 1994	7	4	1	2	<i>5th place</i> [9][10]
 1998	7	3	0	4	<i>9th place</i> [11]
 2002	9	3	1	5	<i>10th place</i> [12][13]
 2006	7	1	1	5	<i>11th place</i> [14][15]
 2010	6	1	1	4	<i>8th place</i> [16]
 2014	0	0	0	0	<i>Qualified</i>
TOTAL	85	37	10	38	Champions (1 time) Runners- up (1 time)

MEDALS TABLE



Rank	Nation	Gold	Silver	Bronze	Total
1	Olympics	8	1	2	11
2	World Cup	1	1	1	3
3	Asian Games	2	9	2	13
4	Asia Cup	2	5	1	8
5	Champions Trophy	0	0	1	1
6	Sultan Azlan Shah Cup	2	1	5	11



MEDALS TABLE



Rank	Nation	Gold	Silver	Bronze	Total
7	Commonwealth Games	0	1	0	1
8	Hockey Champions Challenge	1	1	2	4
9	Afro-Asian Games	1	0	0	1
10	Asian Hockey Champions Trophy	1	1	0	2



DECLINE OF INDIAN HOCKEY



- In 1980 scripted the decline of Indian hockey, and heralded the rise of Indian cricket as popular sport.
- Chak De Cricket?

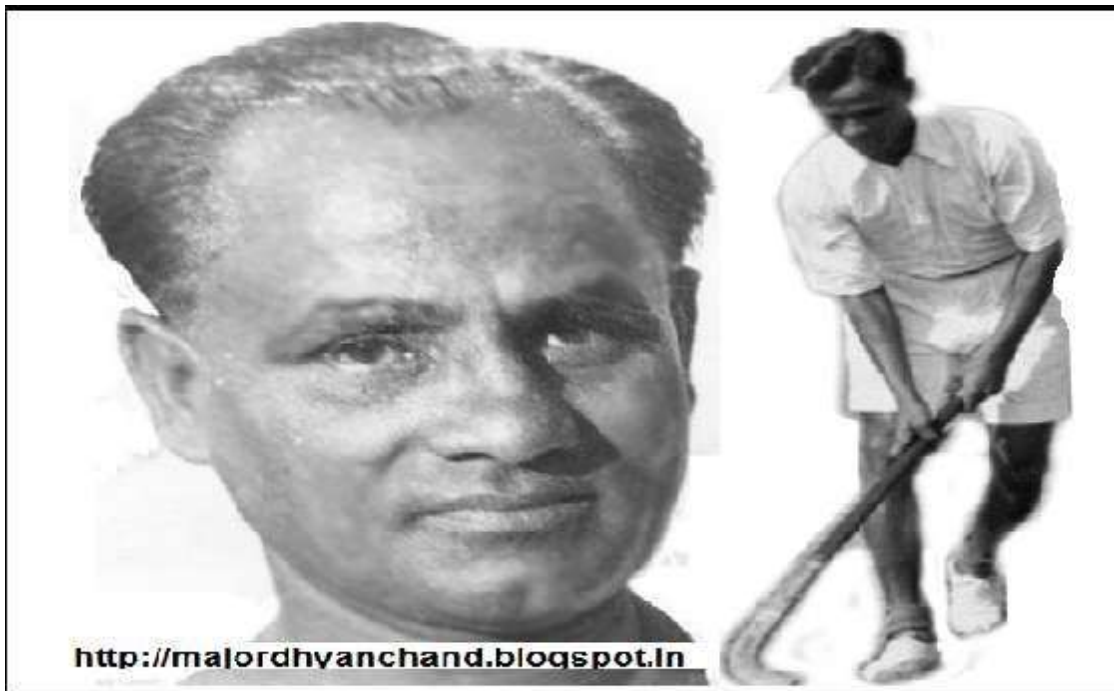


DHYAN CHAND



HOCKEY INDIA

- Dhyan Chand helped India in winning gold medals in hockey in 3 successive Olympics
- 400 goals
- Padma Bhushan



Dhyan Chand Known as “The Wizard” for his superb ball control.



SURAJ LATA DEVI



- **Suraj Lata Devi** is the former captain of the India women's national field hockey team.
- She led the team to the Gold for three consecutive years.
- Arjuna Award for Hockey



MAMTA KHARAB



- current captain
- Known as 'golden girl'
- Haryana Govt. decorated her with prestigious "Bhim Award" and Govt. of India with "Arjun Award" in the year 2003.



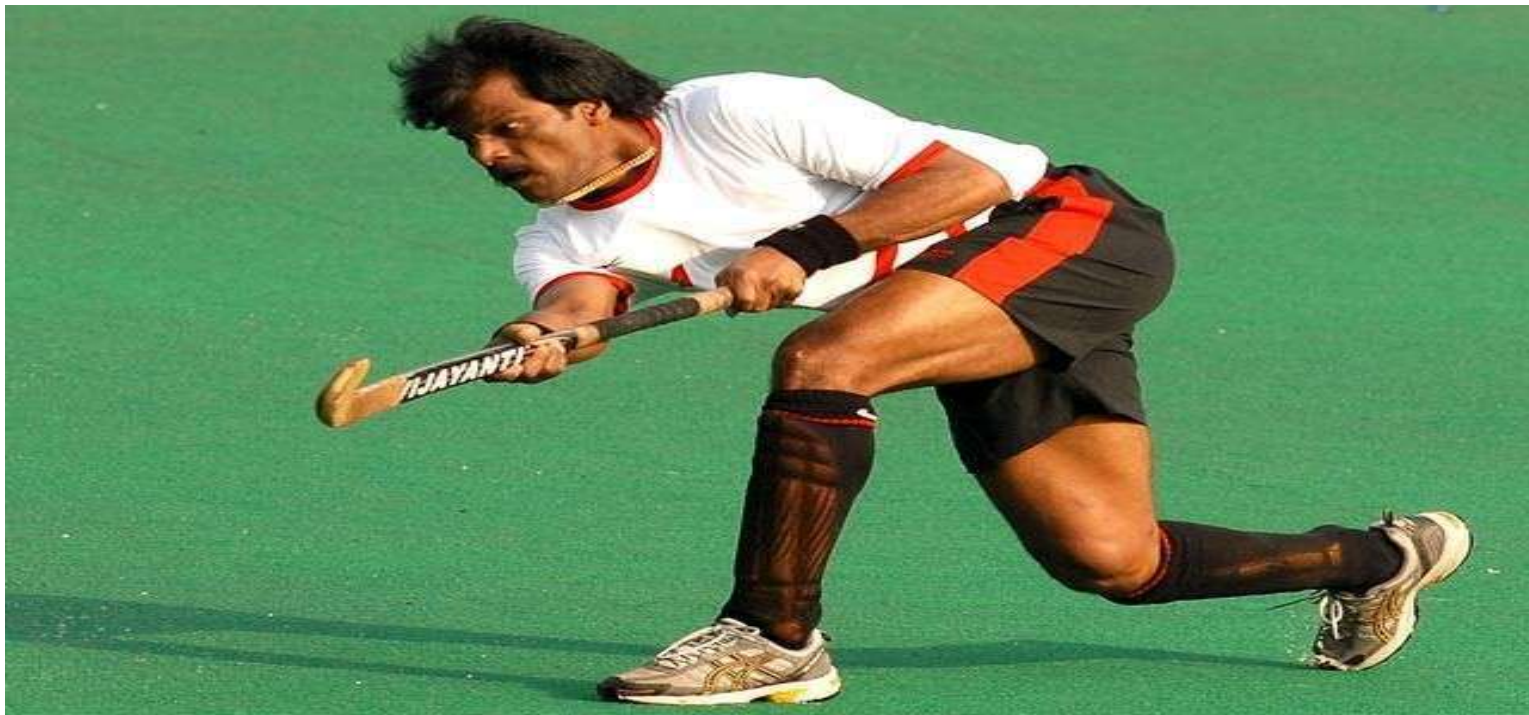
- Now she is working in Haryana police as a Deputy Supritendent of Police.



DHANRAJ PILLAY



- Player and former captain of the Indian hockey team .
- He is currently the manager of the Indian Hockey team.
- the Rajiv Gandhi Khel Ratna award.



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THANK YOU !!

Courtesy: Uday Singh Meena

